



## **PETALUMA PHOENIX 2009 COURSES**

To sign up, or for more information...

**For Music:**

**Gio Benedetti, 707.695.7363, [gio@petalumaphoenix.org](mailto:gio@petalumaphoenix.org)**

**For Art or Health and Wellness:**

**Amber Faur, 707.364.4037, [amber@petalumaphoenix.org](mailto:amber@petalumaphoenix.org)**

### **MUSIC COURSES**

#### ***Phoenix Radio and Webcasting***

***Mondays 4-5pm***

***w/ Gio Benedetti***

Participants will learn the ins and outs of putting together a radio program. The contents will be entirely up to the participant. The class will focus on developing content, editing, creative use of the radio medium, and the technology used for setting up broadcasts and podcasts. Participants will be encouraged to report on issues or events that are of importance to them, as well as broadcasting shows and bands live from the theater.

#### ***Phoenix Studios –***

***Tuesdays 4-5pm***

***+ hands on recording scheduling by appt***

***w/ Ian DuBois***

Participants will be instructed in Live and Studio recording techniques; everything from mic placement to software editing. The course will be using Pro Tools recording software, the recording industry standard.

In addition to the 1 hour per week meetings, the course will have weekly hands-on recording meetings where participants will be recording live bands, the weekly jam sessions, or the weekend performances.

#### ***From the Garage to The Stage***

***Wednesdays 4-5pm***

***w/ Gio Benedetti***

Band Members, full bands, people interested in marketing, promotion, management and booking are all welcome here. This course will focus on putting together the street skills and business smarts necessary to put on a successful show, and by extension, be in a successful band. The class will begin with booking and contract negotiation, and will

move into promotion, print, radio and internet media, and move towards the staffing, scheduling and finally performance for the final show. The show will be entirely put together by participants, and will take place at the Theater as the culmination of the course.

### ***One on One Music Instruction***

***Hours by appointment***

***w/ Gio Benedetti***

These are 30 minute per week meetings with Gio Benedetti. Lessons can focus on Bass instruction, Guitar instruction, beginning keyboard lessons, song writing development, music theory, and most any other aspect of musical study, at the discretion of the student. Appointments and focus of study are made on a student by student basis.

Donations are encouraged.

Space and Scheduling is Limited.

### **THE JAM SESSIONS:**

***Sunday 5-7***

#### ***Rock and Blues Jam***

***On the Stage***

Hosted by Gio Benedetti of Toast Machine, this jam consists of 1,2,3 or even 4 chord jams, a 12 bar blues tune or two, and the occasional rock standard. The last Sunday of every month is hosted by the Sonoma County Blues Society, and will focus a bit more on the standard Blues repertoire. It is fun, the gear is provided (or bring your own), and it is loud.

***Tuesdays 6-8pm***

#### ***Old Time / Folk / Americana Jam***

***In the Lobby***

Hosted by Arann Harris and using the book *Rise up Singing* as the Old-Time-Song-Bible, two hours will be spent playing good 'ol tunes, songs, ditties, and numbers, soloing, perhaps clapping, and, when appropriate, hootin' and hollerin'.

Bring your instrument!

***Wednesday 6-8pm***

#### ***Jazz Jam***

***In the Lobby***

Hosted by Gio Benedetti, this jam focuses on the standard Jazz repertoire and improvisational style. Charts and books in all clefs are provided. All instruments are welcome, and if you know a tune, call it – or better yet, bring us a chart! We'll play it.

### **ARTS CLASSES:**

## ***Phoenix Photojournalism***

***Wednesdays 3:30-5pm***

***w/ Kimberlee Loop and Paige Green***

Phoenix Photojournalism Provides an overview of the fundamentals of photography and photographic terminology. Visiting local photographers will hold workshops to demonstrate specific techniques and provide feedback on student portfolios, which students will post on the Phoenix website. For those who show the ability, interest, and commitment, we'll arrange internship/assistant positions with local photographers and publications.

## ***Phoenix Writing Workshop***

***Thursdays 4:30-6pm***

***w/ Bob Hermann***

This course will focus on improving the student's writing in the genre of their choice: short stories, poetry, screenplays, songwriting, essays, journalism, blogging, resumes, and any other fiction or non-fiction writing style. Instruction will be individualized depending on a student's needs, desires and goals. Promising students will have the opportunity for their work to be read by professionals in that field, and may be afforded internships or entry level access to careers in that field.

## ***Art Out***

***Thursdays 4-6pm***

***w/ Amber Faur***

Local artists and high school art faculty provide mentoring and workshops in a variety of media and techniques. Our community partnerships give students opportunities to create art, interact with galleries and artists, and design and promote their art shows. Current projects include "Day of the Dead" exhibits in conjunctions with the Petaluma Arts Council, dedicated Phoenix Art space at the Aqus Café and public graffiti art murals in partnership with local businesses and community organizations.

## ***Wordplay 101 / Art to Empire***

***Tuesdays 4:30-6:30pm***

***w/ Tion Bukue aka Bukue One***

Word Play 101 is a workshop on the use of the alphabet to express and empower; Poetically (through song, poetry, rhyme), Verbally (through speech, communication and vocabulary skillz) and Visually (The art of lettering, Graffiti).

The second part of the course will be "Art To Empire:" Finding the right tools, teachers and coaches to turn your ideas and talents into a career.

## **HEALTH AND WELLNESS CLASSES**

## ***Capoeira***

***Mondays 3-4pm***

***w/ Fabio Mendes***

The aim of Fabio's class is to develop physical abilities, such as flexibility, stamina, and strength, as well as an awareness of the limits of ones own body and the bodies of others through partner training.

Students will also be exposed to Brazilian culture and history through interpreting traditions, learning Portuguese words and phrases, and practicing musical instruments and songs unique to Capoeira.

## ***Teen Health Clinic***

***Thursdays 3:30-6pm***

***Director: Cheryl Negrin***

***[cheryl@petalumaphoenix.org](mailto:cheryl@petalumaphoenix.org)***

The mission of the Phoenix Teen Clinic is to provide education, literature, and free or low cost services for various adolescent issues, including reproductive health and sexually transmitted infections, in an environment that is relaxed and teen friendly.

The Teen Clinic fosters an open dialogue on issues facing teens today and encourages teens to make conscious, more informed decisions and choices regarding their health.

If you have a health question you'd like to have answered by email, Cheryl would be happy to hear from you.

## ***AA Meetings***

***Mondays 7-9pm***

## ***NA Meetings***

***Wednesdays 7:30-8:30pm***

Meetings are in the backstage area. No appointment necessary, just show up.